



Support Group for new parents and their babies

Monday and Thursday 11am to 12.30pm

Cost £1

Due to reduced capacity in the room spaces are limited to 6 parents plus baby to ensure a safe distance.

Please call the Hub on 01905 616841, **before 10.30am** on the morning of the group, to reserve your space.

Do not attend if you or any member of your household are suffering with any Coronavirus symptoms.

Only one parent to attend per group.

Please only attend one session each week.

Please arrive no more than 5 mins before group starts and try to leave promptly at 12.30pm.

Face coverings must be worn in the building.

Please enter through main door and follow the directions to Activity Room 4.

Prams must be left outside the room.

Sanitise your hands on entry and exit.

Hot drinks will be served on arrival, face coverings can be removed when sitting down with a drink.

Please do not allow anyone else to hold your baby during the group.

Please stay to your allocated playmat and do not share toys.

Please use the baby changing facilities available, do not change in the room.

Foam mats will be steam cleaned after each session, toys disinfected and fabric playmats machine washed.

Windows will be open for ventilation.