

## WEEKLY ACTIVITY SCHEDULE

Oct-21

Monday	Start	Finish	Room	Name	Contact
Lyppard Nursery Monday-Friday	7.30am	4pm	Act 1 & 2	Gemma	07494 161160
RDAC - Driving Assessments	8.30am	3.30pm	Act 3		0300 3002240
Zumba Gold	9.30am	10.30am	Hall 1	Stella	07789 474221
Zumba Fitness	10.40am	11.40am	Hall 1	Stella	07789 474221
Adult Fitness	11am	12noon	Hall 2	Jane	07759 555743
Baby & Me	11am	12.30pm	Barn	Hub	01905 616841
The Oddfellows (4th Monday monthly)	11.45am	2.15pm	Act 4	Jeff	01905 422591
Five O Group	1.45pm	3.45pm	Hall 1	Philip	07880 847884
Happy Steps	3.45pm	6.00pm	Hall 2	Debbie	01905 345237
Happy Steps	6.00pm	6.45pm	Act 4	Debbie	01905 345237
Kombat Federation	5.30pm	8.30pm	Hall 1	Alex	07428730075
Rainbows	6.15pm	7.15pm	Hall 2	Sharon	07948 050407
Brownies	6.00pm	7.15pm	Act 1 & 2	Sharon	077905 23162
Pilates (From 10th January 2022)	7.30pm	8.30pm	Act 1 & 2	Becky	07970 961836
Boxercise	7.45pm	8.45pm	Hall 2	Rob	07514 322446
Tuesday	Start	Finish	Room	Name	Contact
RDAC	8.30am	3.30pm	Act 3		0300 3002240
Tiny Talk	9.15am	12.45pm	Hall 1	Mollie	07432 612054
Jungle Jiggle	9.15am	12.15pm	Act 4	Kay	07866 632176
Walking Group	9.45am	11.30am	Outside	Hub	01905 616841
Sweaty Mama	10.00am	11.00am	Hall 2	Rachel	07715 690423
Children's Clothing Exchange (1st Tues monthly)	11.30am	1pm	Hall 2	Hub	01905 616841
Tea & Support	11.30am	1pm	Barn	Hub	01905 616841
Art & Craft	1.30pm	3.30pm	Act 4	Sheila	01905 759494
Active Hereford Worcs	2pm	3.15pm	Hall 2	Rachael	01905 855448
Drisyabharathi School of Dance	4.15pm	6.15pm	Act 1	Rajani	07883 583815
Pilates with Becky	7pm	8pm	Act 1 & 2	Becky	07970 961836
Karate	6.30pm	8.30pm	Hall 1	Mark	07929 780481
Youth Club (Term time)	6pm	8pm		Hub	01905 616841
Tetsudo	8.15pm	9.15pm	Hall 2	Aruna	01905 28315
Acting for Grown Ups (From 18th January 2022)	7pm	9pm	Act 1 & 2	Stevie	7387766274
Trotshill Totties (2nd Tuesday monthly)	7pm	9.30pm	Act 1&2	Sue	07940 467244
Wednesday	Start	Finish	Room	Name	Contact
RDAC	8.30am	3.30pm	Act 3		0300 3002240
Hartbeeps	10am	1pm	Act 4	Sarah	07810 698617
Community Café (From 12th January 2022)	10am	12noon	Barn	Hub	01905 616841
Multiple Magic Twins Group	10.30am	11.45am	Hall 1	Rachel	07772 294259
Sing for Lung Health	2.30pm	3.30pm	Act 4	Paula	07709 953475
Kumon	3.15pm	6.15pm	Hall 1	Chow	07770 560102
Rainbows	6.15pm	7.15pm	Act 1 & 2	Sharon	07948 050407
Cobras Tae Kwan Do	6.30pm	7.30pm	Hall 1	Ryan	07446 824966
Blue Lodge (last Wednesday monthly)	7.30pm	9pm	Act 2	Sandra	01905 420083
Closed Circle (3rd Wednesday monthly)	7.30pm	9.30pm	Act 3	Derek	01905 21925
Guides	7.30pm	9pm	Hall 2	Jo	07749 315898
Thursday	Start	Finish	Room	Name	Contact
RDAC	8.30am	3.30pm	Act 3		0300 3002240
Adult Fitness	10am	11am	Hall 2	Jane	07759 555743
Community Café (From 12th January 2022)	10am	12noon	Barn	Hub	01905 616841
Rhythm Time	9.30am	12.00pm	Hall 1	Anna	07722 090434
Dimensions	11.15am	2.15pm	Hall 2		
Kids Boxercise	5.45pm	6.45pm	Hall 1	Rob	07514 322446
Youth Club (Term time)	6pm	8pm		Hub	01905 616841
Yoga-lates (From 13th January 2022)	7pm	8pm	Act 1 & 2	Becky	07970 961836
Line Dancing	7pm	8.30pm	Hall 1	Roger	01905 20548
Friday	Start	Finish	Room	Name	Contact
RDAC	8.30am	3.30pm	Act 3		0300 3002240
Little Un's Parent & Toddler Group	10am	11.30am	Hall 1	Hub	01905 616841
Rhythm Time	9am	11.30am	Hall 2	Anna	07722 090434
Book Club (1st Friday monthly)	10.30am	11.30am	Barn	Hub	01905 616841
Gardener's Exchange (3rd Fri monthly)	10am	11.30am	Barn	Hub	01905 616841
Kumon	3.15pm	6.15pm	Act 1 & 2	Chow	07770 560102
Happy Steps	4pm	7pm	Hall 2	Debbie	01905 345237
Brownies	6pm	7.30pm	Act 1 & 2	Sharon	07948050407
Bridge	6.30pm	10.15	Barn & Act 4	Freda	01905 424526
Blue Lodge (2nd Friday monthly)	7.30pm	9.30pm	Act 3 & 4	Derek	07742 909258
Saturday	Start	Finish	Room	Name	Contact
Indoor Car Boot Sales (check with Hub for dates)	10.00am	12 noon		Hub	01905 616841
Kickboxing	10am	12noon	Hall 1	Michelle	01594 860872
Kumon	1.30pm	5pm	Hall 1	Chow	07770 560102
Sunday	Start	Finish	Room	Name	Contact
Blood Donors (check for dates)	9am	3.45pm	Hall 1	Hub	01905 616841
Badminton	6.30pm	8.30pm	Hall 1	Owen	01905 21459
Swan Bridge Club	7pm	10.30pm	Barn	Lorna	07960 906946